



**RESPIRATORY FUNCTION LABORATORY**

**REQUEST FORM**

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Address: 28 Derby St,  
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**To book online visit [www.nepeanlungandsleep.com.au](http://www.nepeanlungandsleep.com.au)**

**PATIENT DETAILS**

Name.....

DOB.....Phone.....

Email.....

Smoking Hx: Current Former Never Pack years:

**CLINICAL QUESTION:**

Hb (g/L) and date, if requesting complex lung function test:

**TESTS REQUIRED:** tick a box

- Complex lung function test (spirometry, lung volumes, gas transfer)
- Spirometry, includes bronchodilator
- Respiratory Muscle Test (Mip/Mep)
- Six Minute Walk Test
- Cardiopulmonary Exercise Test <sup>#\*</sup>
  - Requires review by a respiratory specialist
  - Specific clinical question required

**ASTHMA/ALLERGY TESTS:**

- Mannitol Challenge (Bronchial provocation)\*
- Exercise Challenge (Bronchial provocation)\*
- Nasal Resistance
- Skin Prick Test<sup>\*\*</sup>
- Exhaled Nitric Oxide & Spirometry (includes bronchodilator)

\*Fees apply #Must provide clinical history

**REFERRING DOCTOR**

Name.....Healthlink ID.....

Provider number.....Date.....

Address.....

Phone.....Fax.....

Email.....

**REPORT**  Email  Fax  Healthlink  Mail  Give to patient (preliminary copy)

## LOCATION & PARKING

Parking is available for patients in the marked bays at the rear of the clinic building.

## FROM THE M4

1. Take Northern Rd exit to Penrith
2. Turn right at Nepean Hospital on Derby St
3. Straight through roundabout at Somerset St
4. We are located on the right, number 28.

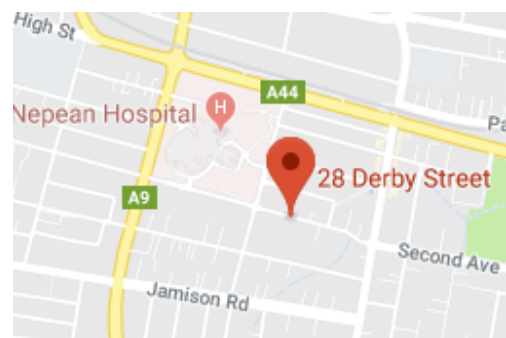
## BY PUBLIC TRANSPORT

1. Exit the train at Kingswood Station.
2. 500m walk along Bringelly Rd.
3. Turn right onto Derby St.
4. Alternatively, buses leave every 10 min from Kingswood Station to Nepean Hospital. There is a bus stop at the front of the clinic on Derby St.

## OUR SERVICES

Nepean Lung and Sleep provides specialist medical consultation and diagnostic testing for adult sleep and respiratory disorders. We meet the needs of people living in Western Sydney, the Blue Mountains, regional NSW (Bathurst, Orange, Mudgee and Lithgow) and beyond. We offer:

- **TSANZ Accredited Respiratory Function Laboratory**
- **NATA Accredited Sleep Laboratory**
- **Respiratory Medicine Consultation**
- **Sleep Medicine Consultation**
- **Occupational Assessment**



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## MEDICATION WITHHOLDING TIMES

1. No SABA 6 hours prior to test such as *Ventolin, Bricanyl & Atrovent*.
2. No LABA 24 hours prior to test such as *Flixotide, Pulmicort, Alvesco, Flutiform, Serevent, Seretide, Oxis & Symbicort*.
3. No *Onbrez, Spiriva, Spiolto, Seebri, Bretaris, Brimica, Trelegy, Ultibro, Breo, Anoro, Incruse or Singulair* for 36 hours prior to testing.
4. No smoking, vaping or water pipe use for at least 1 hour prior to test.
5. No caffeine on the day of test. No alcohol within 8 hours of test.
6. No vigorous exercise within 1 hour before testing.
7. Do not wear clothing or accessories that restricts full chest and abdominal expansion.
8. No recent thoracic, abdominal or eye surgery in the last 4 weeks. Confirm with laboratory for specific wait times.
9. Withhold all nasal drops and sprays on the day of testing for nasal resistance tests.

You will be provided with additional specific test instructions upon booking for bronchoprovocation challenges, cardiopulmonary exercise tests and skin prick tests.